

Inside the Gate

SPRING 2022



Feeding the Hungry and Homeless of Tulsa - Every Day



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FOUNDERS

Keenan Barnard
Gene Buzzard
(1946-2020)
Rev. John C. Powers
(1936-2021)

Dear Friends of Iron Gate,

Around the holidays, a young woman came through the pantry line. It was her first time at Iron Gate, she had been referred by 211. While talking with her and gathering her information, it turned out she was a veteran. We thanked her for her service. She proceeded to tell us she was fresh out of the service, new in town and trying to get on her feet. She had two weeks until she was paid and needed help for the gap weeks. She came a couple of times and we haven't seen her since. The last time we saw her she was so grateful for Iron Gate and the respect she found here. In 2021, 72% of our pantry guests were new to Iron Gate or had not visited in 2020 – 58% of our guests only visited the pantry once in 2021. Iron Gate is a safety net for those who are facing food insecurity.

It's hard to believe what has transpired and what we have endured over the past two years. Looking back, I can't believe or remember it all – which is probably a good thing. What I am most proud of is how Iron Gate has grown and risen to the challenges that the pandemic presented. We are now processing what we learned and how to carry it forward. We are slowly beginning to re-open the dining room and will soon open our pantry for in-person shopping. Thank you to all of you who made it possible for Iron Gate to carry out our mission every day of these past two years.

We will gather on April 28th to celebrate our first Founder's Dinner in the new building. This dinner honors the spirit of generosity of our three founders: Keenan Barnard, Gene Buzzard and Rev. John Powers, who stepped out of their bible study class to feed a homeless man a sandwich. It is fitting that we will honor the team that helped get us here: County Commissioner Karen Keith, Flintco, GH2 and Wallace Design Collective. The dedication of this team helped us find, design and construct our new home. So much has happened in our world since the last time we held a dinner, including the loss of two of our Founders, Gene Buzzard and Rev. John Powers. When we gather this year, we will honor their legacy and celebrate the mission. I hope you will join us for this special evening and enjoy a Mediterranean-inspired menu prepared by Chef Jeff Stark and the Iron Gate kitchen team.

Enjoy the promise of Spring,



Carrie Vesely Henderson, CFRE
chenderson@irongatetulsa.org | 918-879-1707

Our Gratitude Goes to ...



MYTHIC PRESS

Mythic Press chose Iron Gate as their December 2021 Hero Highlight. They donated 5% of their monthly store sales and created a special holiday sweatshirt. Funds raised **helped provide 234 households** with shelf-stable milk. Thank you for feeding the hungry and homeless in our community.

CHILDREN'S MEDICAL CHARITIES

Iron Gate is grateful for the support of Children's Medical Charities. CMC's mission is "helping kid's getting better." This donation will **help provide 2,400 kid's packs**. We are so appreciative of the continued support from Children's Medical Charities and their impact on helping us provide a kid's pack to every child who comes through our gate.



WAREHOUSE MARKET



Once a year, Warehouse Market on 3rd and Lewis chooses an organization to receive a **\$1,000 Warehouse Market gift card**. Iron Gate was nominated and chosen as their 2021 recipient. This special donation helps us purchase bread for the sandwich we provide in our to-go meals. Thank you Warehouse Market for helping us feed our neighbors in need.

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2021 Year in Review

2021 was a year that Iron Gate continued to see an **unprecedented demand for food**. And thanks to your support we could meet that demand. Even in times of global crisis, **you make it possible for us to feed the hungry and homeless of Tulsa every day**. This is a snapshot of the impact you had on the lives of those who are struggling with food insecurity in our community.



282,635 MEALS SERVED

Served meals at Iron Gate, Overflow Shelter and at Hotel-to-Housing



30,108 HOUSEHOLDS WHO RECEIVED GROCERIES

Groceries are distributed via grocery pantry, social service agencies and outreach teams.

IRON GATE SERVED **33%** MORE HOUSEHOLDS IN 2021 AS IN 2020



20,538 KID'S PACKS DISTRIBUTED VIA THE COMMUNITY MEAL AND PANTRY

71,891 PEOPLE FED BY OUR GROCERY PANTRY



402 PEOPLE VOLUNTEERED **2027** HOURS AT IRON GATE

since our limited re-opening in August 2021



867,323 POUNDS OF FOOD

FROM OUR PARTNERS AND SUPPORTERS



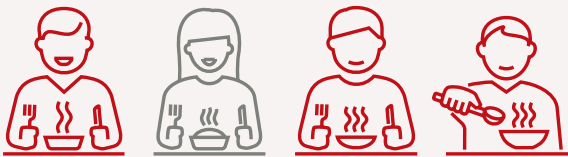
The amount of donated food in 2021 equates

TO A GIFT OF **\$1,509,142**

Who We Serve

Iron Gate collects demographic information on our pantry and community meal guests to determine more clearly who we serve.

COMMUNITY MEAL



3 OUT OF 4 MEAL GUESTS ARE MEN



91% MEAL GUESTS ARE EXPERIENCING HOMELESSNESS

47

MEDIAN AGE



12.3% ARE VETERANS



74% OF GUESTS SURVEYED EAT IRON GATE 4 TO 7 TIMES A WEEK

10% INCREASE OVER LAST YEAR

GROCERY PANTRY



80% OF PANTRY GUESTS RENT OR OWN THEIR HOMES




40.5% OF GROCERY BENEFICIARIES ARE CHILDREN AND YOUTH




58% ONLY VISITED THE GROCERY PANTRY ONCE IN 12 MONTHS




72% WERE NEW TO IRON GATE OR DIDN'T VISIT IN 2020



HONORING the LEGACY



FOUNDERS 2022



The last two years have proven the value of a well-placed, well-designed and well-built building. Iron Gate was able to **serve 575,136 meals, help 50,292 households with groceries** and **distribute 37,824 kid's packs** in the last two years. Throughout a global pandemic, Iron Gate delivered every day.

Let's celebrate and honor those who made Iron Gate on Archer happen, while supporting our mission to feed the hungry.

IRON GATE'S ANNUAL FOUNDERS' DINNER

Honoring those who made Iron Gate on Archer a reality
Karen Keith, Flintco, GH2 and Wallace Design Collective
Thursday, April 28th at 6 pm
Iron Gate on Archer - 501 W. Archer

*Founders' Dinner will be prepared by Chef Jeffrey Stark,
our new Director of Culinary Services.*

SPONSORSHIP OPPORTUNITIES

PRESENTING SPONSOR - \$10,000

Includes two VIP tables (16 guests) with premium wine and champagne and recognition on event materials.
Provides grocery assistance for 400 families.

GOLD SPONSOR - \$5,000

Includes one VIP table (8 guests) with premium wine and champagne and recognition on event materials.
Supplies 2,000 Kid's Packs.

SILVER SPONSOR - \$2,500


Includes one table (8 guests) and name recognition on event materials.
Provides milk to 680 grocery pantry guests.

BRONZE SPONSOR - \$1,000

Includes half of a table (4 guests) and name recognition on event materials.
Provides 280 hearty meals.

INDIVIDUAL TICKETS - \$100

Scan QR Code to get your tickets today.



For information about sponsorship opportunities, please visit www.irongatetulsa.org/2022-founders-dinner or contact Carissa Gutierrez at cgutierrez@irongatetulsa.org or call 918-879-1709.

2021 DONOR'S LIST

We would like to thank the following Iron Gate donors who have given between January 1 – December 31, 2021.

We are so grateful for your generosity and support.



Students from Eugene Field Elementary showed up with full hearts and smiles to **donate 194 pounds of food.**

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 donating food for
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**This donation was
 512 pounds.**

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Iron Gate served through two winter storms that hit Tulsa in just one month. Whether it was a hot meal or bag of groceries, Iron Gate made sure we were open to be there for those who needed food. A special thank you to staff who stayed in hotels down the road to make sure we did not have to close our doors to the hungry.



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Thank you to the
 Tulsa Change Makers
 from Springdale
 Elementary School
 for **donating 318
 pounds of food**
 for our food pantry.

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Robot Pharmed
 Dispensary hosted a
 Feed the Hungry food
 drive in December and
 collected **286 pounds
 of non-perishable
 food**, along with a
 monetary donation.
 Thank you Robot
 Pharmed for your
 support!



2021 TRIBUTES

Iron Gate would like to pay tribute to all of our supporters who had someone donate in their names.

We are humbled by families who remembered Iron Gate's mission through their grief.

We are also honored that so many were inspired to give in honor of others.

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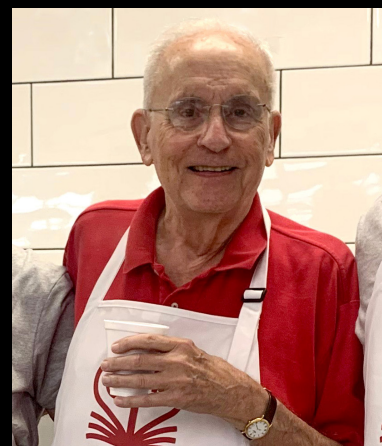
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FATHER "JACK" POWERS

It is with a heavy heart that Iron Gate says good-bye to co-founder, The Reverend Canon John Carter "Jack" Powers. Father Powers helped start Iron Gate in 1978 with his close friends and parishioners, Gene Buzzard and Keenan Barnard. Without his continued vision and dedication, Iron Gate wouldn't be what it is today – feeding hundreds of people every day. Friends of Father Powers donated over \$27,000 in his memory, insuring his legacy will live on through Iron Gate.



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Iron Gate receives hundreds of thousands of pounds of food and other items every year.

These in-kind gifts are crucial to our operations and success.

Thank you to the following in-kind donors who gave to Iron Gate in 2021.

5 Star Oasis	Community Food Bank of Eastern Oklahoma	Mary Ann Hille	Oren Restaurant	Springdale Elementary
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2 0 2 1 V O L U N T E E R S

After 18 months without volunteers, Iron Gate was delighted to have volunteers back on a limited basis, starting in August 2021.

Thank you to all our volunteers who served, sacked, and sorted to help us feed the hungry and homeless of Tulsa.

The following volunteers donated their time in 2021.

Cloe Abner	Reagan Cheatham	Taylor Fogg	Jeff Johnson	Camilla Montoya
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Kaiping Burrows	Mandy Esmond	Gracie Hunt	Kevin McHenry	Nancy J. Periman
Christine Buzzard	Vanessa Esparza	Janice Ingle	DJ McLaughlin	John Permantier
Christy Buzzard	Viranda Esparza	Maria Ironside	Dalton Metzger	Caroline Pettey
Jessica Buzzard	Christine Lewis Essex	Cassidy Jacks	Lynn Michaels	January Phetsacksith
Zack Canaday	Amber Estes	Venise Jacks	Micha Michell	Jasmine Phetsacksith
Mallory Cannon	Erika Etzelmiller	Sarah Jackson	Daavon Milkey	Martha Phillips
Necole Cantu	Cynthia Fields	Diane Jennings	Miss USA 2021 Contestants	Jerome Philpot
Ashley Carino	Alexandria Flanigan	Norma Jimerson	Mia Mitchell	Elizabeth Pistole
Osborne Celestain	FlintCo Construction	Brooklynn Johnson	Nora Monger	Dacia Elise Pittsley

2021 VOLUNTEERS



This group of volunteers call themselves the A-Team. Once a month they volunteer their time to serve the hungry and homeless of Tulsa. We are so appreciative of their continued commitment and support to Iron Gate. They have volunteered together for 10 years.

Nancy Pruitt
Jordan Rambach
Sellena Ramsey
Aiyana Regan
Maggie Regan
Phoebe Regan
Kris Reynolds
Kyle Rhine
Taylor Rhoades
Antoinette Richards
Debbie Ridge
JessiKate Riley
Sola Riser
Kimberly Roberson
Kuma A. Roberts
Sydney Robertson
Jackie Rogers
Jessica Rose
Melanie Rose
Torrey Ross
Hope Denise Salzman
Drew Sanclemente
Esther Sanders

Melissa Sanders
Scott Saulnier
Bella Saunders
Debbie Saunders
Greg Saunders
Luke Saunders
Christa Schafer
Katarina Schweitzer
Maritza Segoria
Anayeli Segovia
Salvador Segovia, Jr.
Doc Shannon
Jackson Shofner
Briana Siaca
Nick Sitter
Cammie Smith
David William Smith
Ellen Smith
Mabrey Smith
Mandy Smith
Bob Soder
Katarina Spasojevic
St. John's Episcopal Church

St. Pius X School
Jordan Staggs
Jennifer Starr
Tatum Starr
Camdyn Steele
Jennifer Steele
Laura Stevens
Caroline Stewart
Christy Stewart
Marley Stokes
Colt Stubblefield
Paul Sunday
Gil Sy
Brandy Synar
Sarah Synar
Slone Synar
Christina Thompson
Patsy Thompson
Amanda Torchia
James Touchang
True Life Church Tulsa
Max Udwin
Miles Udwin

Chrisger Vang
Kou See Vang
Cindy Vick
Marvita Vick
Jody Vivion
Julie Vo
Caitlyn Vogel
Katie Wadman
Dillon Wagner
Mellisa Wagner
Stephanie Wagner
Elizabeth Wallace
Keeley Walsh
Mary Ann Warner
Bill Weatherholt
Adeline Weintraub
BJ Weintraub
Erin Wendland
Nicole Wess
Ann White
Bob Wiesenfeld
Esther Wiesenfeld
Gabrielle Williams

Heather Williams
Juddie Williams
Virna Williamson
Jonna Wills
Burgundi Willyard
Dakota T. Wilson
Donna Wilson
Claire Winton
Nan Winton
Avery Wise
Jessica Wise
Katie Wofford
Steven Wooley
Sury Yanez
Emily Yang
Koncheng Yang
David York
Rick Young
Pa Zamora

We have taken great care to accurately list names and sincerely regret any errors or omissions. Please contact us at cgutierrez@irongatetulsa.org or 918-879-1709 with any changes.



501 W. Archer
Tulsa, OK 74103
irongatetulsa.org

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▶ You can help keep our pantry stocked to make sure families in need can put food on their tables.



Scan the QR code to shop our most needed items.

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